

How they HELPED ME

"They helped me realise that as a parent carer I can't always just keep on doing it all and sometimes that might mean letting go in small ways."

Parent Carer

How we made a DIFFERENCE

"We help parent carers see the wood from trees."

Fran - THRIVE Project Manager

There's more to LIFE

"THRIVE showed me that with the right support there is a future."

Margaret - Parent Carer

0161 203 4095

HOW TO FIND US

Bus Routes: The 82 and 83 bus services run along Oldham Rd.
The 77 and 24 bus services run along St Mary's Rd.

Metrolink: Talbot House is a short walk from Newton Heath Health Centre and the Newton Heath and Moston tram stop. Just turn right upon exiting the tram stop and we are located around 50 yards away on the corner, opposite The Railway pub.



Talbot House, 1 High Peak Street,
Newton Heath, Manchester, M40 3AT

GET IN TOUCH

And see the difference we could make to your life

fran.crake@talbot-house.org.uk
www.talbot-house.org.uk



Follow us on Facebook and Twitter

A new service from Talbot House



THRIVETM
Supporting Parent Carers Over 50



Talbot House

Supporting families of people with learning disabilities

Open Monday - Friday (10am - 3pm)

0161 203 4095

What THRIVE is about?

Thrive exists to provide support to older parent carers of people with learning disabilities. We are here to help you and your loved ones thrive right now and in the future, in the way that you choose.

Who does THRIVE Support?

Any parent carer of a person with a learning disability and their families. It doesn't matter if you are doing just fine or struggling. We are here to help.

What kind of support do we offer?

Everyone is different, so you tell us! To give some examples, we have helped people to get extra support, find things for their child, plan financially, and even get better accommodation.

How does THRIVE work?

First

We listen to you and deal with any immediate problems.

Then

We listen some more, learn about you and learn from you before working with you to look at the bigger picture.

Finally

Together we find practical solutions for the things that matter to you or that you are worried about.

WE OFFER

Information and advice:

Financial planning including wills

Keeping healthy

Building a circle of support for both parent & child

Or you name it!

Services:

Emotional support

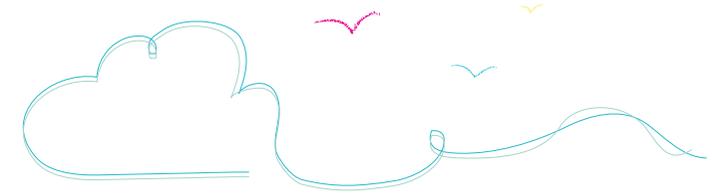
Home visits

Sign posting

Form filling advocacy and advice

Information and advice

Befriending social events



“Hi. I'm Fran the project manager. I'm here to listen, so give me a call or drop in. My contact details are overleaf.”

- Fran